

# Seizure Health History Form

Please complete all questions. This information is essential for the school nurse and school staff in determining your child's special needs and providing a positive and supportive learning environment. If you have any questions about how to complete this form, please contact your child's school nurse.

Contact Information			
Student's Name	School Year	Date of Birth	Grade
Parent/Guardian	Phone	Work	Cell
Parent/Guardian Email			
Other Emergency Contact	Phone	Work	Cell
Child's Neurologist	Phone	Location	
Child's Primary Care Doctor	Phone	Location	
Significant Medical History or Conditions			

Seizure Information									
1. When was your child diagnosed with seizures or epilepsy? _____									
2. What type of seizures does your child have?									
<table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Simple Partial <input type="checkbox"/></td> <td style="width: 33%;">Absence (Staring Spells) <input type="checkbox"/></td> <td style="width: 33%;">Complex Partial (petit mal) <input type="checkbox"/></td> </tr> <tr> <td>Atonic (drop seizures) <input type="checkbox"/></td> <td>Tonic (stiffening seizures) <input type="checkbox"/></td> <td>Myoclonic (jerks) <input type="checkbox"/></td> </tr> <tr> <td>Generalized tonic-clonic (Grand Mal) <input type="checkbox"/></td> <td colspan="2">Any other type _____</td> </tr> </table>	Simple Partial <input type="checkbox"/>	Absence (Staring Spells) <input type="checkbox"/>	Complex Partial (petit mal) <input type="checkbox"/>	Atonic (drop seizures) <input type="checkbox"/>	Tonic (stiffening seizures) <input type="checkbox"/>	Myoclonic (jerks) <input type="checkbox"/>	Generalized tonic-clonic (Grand Mal) <input type="checkbox"/>	Any other type _____	
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3. Please describe a typical seizure, how long it lasts, and what procedure is followed for your child after the seizure. _____ _____									
4. What might trigger a seizure in your child? _____									
5. Are there any warnings and/or behavior changes before the seizure occurs? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, please explain: _____									
6. When was your child's last seizure? _____									
7. What is the longest your child has been seizure free? _____									
8. Has there been any recent change in your child's seizure patterns? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, please explain: _____									
9. How does your child react after a seizure is over? _____									
10. How do other illness affect your child's seizure control? _____									
11. What tests has your child had for their seizures (for example EEG, MRI, etc.) _____									

Basic First Aid: Care & Comfort	Basic Seizure First Aid
12. What basic first aid procedures should be taken when your child has a seizure in school?	<ul style="list-style-type: none"> <li>Stay calm &amp; track time</li> <li>Keep child safe</li> <li>Do not restrain</li> <li>Do not put anything in mouth</li> <li>Stay with child until fully conscious</li> <li>Record seizure in log</li> </ul> <p><b>For tonic-clonic seizure:</b></p> <ul style="list-style-type: none"> <li>Protect head</li> <li>Keep airway open/watch breathing</li> <li>Turn child on side</li> </ul>
13. Will your child need to leave the classroom after a seizure? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, what process would you recommend for returning your child to classroom:	

### Seizure Emergencies

14. Please describe what constitutes an emergency for your child? (Answer may require consultation with treating physician and school nurse.)

15. Has child ever been hospitalized for continuous seizures?  YES  NO

If YES, please explain:

Call 911 when \_\_\_\_\_

### A seizure is generally considered an emergency when:

- Convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- Student has repeated seizures without regaining consciousness
- Student is injured or has diabetes
- Student has a first-time seizure
- Student has breathing difficulties
- Student has a seizure in water

### Seizure Medication and Treatment Information

16. What medication(s) does your child take?

Medication	Date Started	Dosage	Frequency and Time of Day Taken	Possible Side Effects

17. What emergency/rescue medications are prescribed for your child?

Medication	Dosage	Administration Instructions (timing* & method**)	What to Do After Administration

\* After 2<sup>nd</sup> or 3<sup>rd</sup> seizure, for cluster of seizure, etc.

\*\* Orally, under tongue, rectally, etc.

18. What medication(s) will your child need to take during school hours? \_\_\_\_\_

19. Should any of these medications be administered in a special way?  YES  NO

If YES, please explain: \_\_\_\_\_

20. Should any particular reaction be watched for?  YES  NO

If YES, please explain: \_\_\_\_\_

21. What should be done when your child misses a dose? \_\_\_\_\_

22. Should the school have backup medication available to give your child for missed dose?  YES  NO

23. Do you wish to be called before backup medication is given for a missed dose?  YES  NO

24. Does your child have a Vagus Nerve Stimulator?  YES  NO

If YES, please describe instructions for appropriate magnet use:

### Special Considerations & Precautions

25. Check all that apply and describe any consideration or precautions that should be taken:

- |   |  |
|---|--|
| <input type="checkbox"/> General health _____       | <input type="checkbox"/> Physical education (gym/sports) _____ |
| <input type="checkbox"/> Physical functioning _____ | <input type="checkbox"/> Swimming _____                        |
| <input type="checkbox"/> Learning _____             | <input type="checkbox"/> Recess _____                          |
| <input type="checkbox"/> Behavior _____             | <input type="checkbox"/> Field trips _____                     |
| <input type="checkbox"/> Mood/coping _____          | <input type="checkbox"/> Bus transportation _____              |
|   | <input type="checkbox"/> Other _____                           |

Is there anything else you would like us to know to help assist your child at school:

Thank you for providing this information to help us provide the best care we can for your child. This information and your child's picture may be shared with school personnel who work directly with your child and when deemed necessary for your child's educational experience.

Please sign and return this form to your child's school nurse.

Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed by School Nurse: \_\_\_\_\_ Date: \_\_\_\_\_