

## Allergy/Anaphylaxis History

Date \_\_\_\_\_

Student's Name \_\_\_\_\_ DOB \_\_\_\_\_ Grade \_\_\_\_\_

Primary Healthcare Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Allergist: \_\_\_\_\_ Phone: \_\_\_\_\_

Does your child have a Section 504 Plan for this health condition? Yes \_\_\_\_\_ No \_\_\_\_\_

Has a healthcare provider diagnosed your child with severe allergies? Yes \_\_\_ No \_\_\_ At what age? \_\_\_\_\_

Are your child's allergies life-threatening \_\_\_ Yes \_\_\_ No

Has your child required an emergency room visit or hospitalization due to allergies/anaphylaxis? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, explain \_\_\_\_\_  
 \_\_\_\_\_

What is your child allergic to? (Check all that apply)

- peanuts
- tree nuts
- eggs
- milk
- soy
- fish/shellfish
- latex
- insect stings
- medication, list medications
- Other, describe \_\_\_\_\_

Has your child been prescribed medication for the treatment of allergies, including emergency medications? Yes \_\_\_\_\_ No \_\_\_\_\_

List all medications prescribed for your child:

Medication Name	Dosage	Frequency	Will this medication be given at school Yes/No

How many times has your child had a reaction? \_\_\_\_\_

When was your child's last reaction? \_\_\_\_\_

What are the early signs of your child's reaction? \_\_\_\_\_

Please circle **ALL** symptoms your child has experienced in the past:

Skin:	Hives	Itching	Rash	Flushing	Swelling (face, arms, hands, legs)
Mouth:	Itching	Swelling (lips, tongue, mouth)			
Abdominal:	Nausea	Cramps	Vomiting	Diarrhea	
Lungs:	Shortness of Breath				
Heart:	Weak pulse	Loss of Consciousness			

Has your child ever received "allergy shots"? \_\_\_ Yes \_\_\_ No, When: \_\_\_\_\_

What is your child's self-care level for his/her allergies at school?

- Independent management
- Assistance from staff
- Complete care from staff

How does your child communicate his/her symptoms? \_\_\_\_\_

Does your child:

- |  |        |
|--|--------|
| ▪ Know how to prevent his/her own exposure?          | NO YES |
| ▪ Know what foods to avoid                           | NO YES |
| ▪ Ask about food ingredients                         | NO YES |
| ▪ Read and understand food labels                    | NO YES |
| ▪ Tell an adult immediately after an exposure        | NO YES |
| ▪ Wear a medical alert bracelet, necklace, watchband | NO YES |
| ▪ Tell peers and adults about the allergy            | NO YES |
| ▪ Firmly refuse a problem food                       | NO YES |
| ▪ Know how to use emergency medication?              | NO YES |

Parent/Guardian Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Guardian Signature: \_\_\_\_\_

Reviewed by RN: \_\_\_\_\_ Date: \_\_\_\_\_